

WADVAAARDERS



Foto: Rolf Kerlien

Moddergat

Lauwersoog
t.o.v. NAP

Januari 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
			1	2	3	4
			01:31 LW -103 07:55 HW 106 14:07 LW -105 20:27 HW 103	02:40 LW -112 09:03 HW 110 15:08 LW -109 21:27 HW 117	03:48 LW -120 10:05 HW 113 16:09 LW -113 22:21 HW 128	04:54 LW -129 11:02 HW 112 17:06 LW -116 23:12 HW 135
5 spring	6	7	8	9	10	11
05:49 LW -135 11:54 HW 108 17:55 LW -120	00:00 HW 138 06:35 LW -139 12:43 HW 103 18:39 LW -124	00:45 HW 138 07:17 LW -140 13:28 HW 97 19:19 LW -127	01:30 HW 135 07:56 LW -136 14:10 HW 90 19:58 LW -127	02:12 HW 128 08:34 LW -129 14:49 HW 84 20:37 LW -122	02:54 HW 118 09:12 LW -118 15:29 HW 78 21:17 LW -113	03:35 HW 106 09:52 LW -105 16:10 HW 73 22:00 LW -100
12 doodtij	13	14	15	16	17	18
04:18 HW 93 10:36 LW -92 16:59 HW 69 22:50 LW -86	05:13 HW 82 11:30 LW -81 17:59 HW 70 23:56 LW -76	06:22 HW 75 12:41 LW -76 19:05 HW 75	01:19 LW -75 07:33 HW 75 13:51 LW -82 20:09 HW 86	02:26 LW -84 08:38 HW 80 14:48 LW -91 21:04 HW 98	03:22 LW -94 09:30 HW 86 15:37 LW -99 21:49 HW 108	04:11 LW -104 10:14 HW 91 16:20 LW -106 22:28 HW 116
19	20 spring	21	22	23	24	25
04:55 LW -113 10:55 HW 94 17:00 LW -113 23:04 HW 122	05:37 LW -121 11:33 HW 95 17:38 LW -119 23:37 HW 127	06:16 LW -127 12:10 HW 96 18:15 LW -124	00:11 HW 131 06:53 LW -131 12:46 HW 95 18:51 LW -127	00:49 HW 132 07:29 LW -130 13:22 HW 92 19:27 LW -128	01:30 HW 131 08:03 LW -127 13:59 HW 89 20:04 LW -127	02:13 HW 125 08:39 LW -122 14:37 HW 85 20:45 LW -123
26	27	28 doodtij	29	30	31	
02:55 HW 117 09:20 LW -115 15:17 HW 81 21:32 LW -117	03:42 HW 106 10:09 LW -105 16:06 HW 77 22:30 LW -108	04:42 HW 94 11:12 LW -95 17:20 HW 76 23:44 LW -99	06:10 HW 86 12:30 LW -89 18:49 HW 83	01:12 LW -100 07:42 HW 87 13:50 LW -94 20:10 HW 98	02:34 LW -112 09:00 HW 95 15:02 LW -104 21:17 HW 115	



WADVAAARDERS



Foto: Cees Goudsblom

Via het Westgat naar binnen

Lauwersoog
t.o.v. NAP

Februari 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
						1 03:50 LW -127 10:03 HW 102 16:08 LW -116 22:12 HW 128
2 04:51 LW -141 10:56 HW 105 17:03 LW -126 23:01 HW 136	3 05:40 LW -148 11:43 HW 104 17:48 LW -133 23:45 HW 139 spring	4 06:21 LW -150 12:25 HW 102 18:26 LW -139	5 00:27 HW 138 06:57 LW -148 13:03 HW 98 19:00 LW -143	6 01:05 HW 132 07:30 LW -144 13:37 HW 93 19:33 LW -143	7 01:41 HW 123 08:01 LW -136 14:07 HW 88 20:06 LW -138	8 02:12 HW 111 08:31 LW -125 14:36 HW 82 20:39 LW -127
9 02:41 HW 98 09:02 LW -112 15:04 HW 77 21:14 LW -113 ☾	10 03:12 HW 84 09:35 LW -99 15:40 HW 71 21:53 LW -97	11 03:56 HW 71 10:16 LW -86 16:41 HW 66 22:45 LW -81 doodtij	12 05:05 HW 61 11:14 LW -73 18:06 HW 67	13 00:06 LW -69 06:37 HW 59 12:53 LW -69 19:26 HW 77	14 01:51 LW -78 08:03 HW 67 14:18 LW -83 20:35 HW 91	15 02:57 LW -97 09:11 HW 78 15:14 LW -100 21:28 HW 105
16 03:50 LW -114 10:01 HW 88 16:02 LW -113 22:10 HW 115	17 04:37 LW -128 10:44 HW 94 16:45 LW -123 22:48 HW 122 ○	18 05:19 LW -138 11:23 HW 97 17:25 LW -132 23:23 HW 128	19 05:59 LW -145 11:58 HW 98 18:04 LW -139 23:57 HW 131 spring	20 06:36 LW -147 12:30 HW 98 18:40 LW -144	21 00:33 HW 132 07:10 LW -146 13:01 HW 97 19:15 LW -145	22 01:11 HW 129 07:42 LW -140 13:34 HW 95 19:48 LW -144
23 01:51 HW 122 08:14 LW -132 14:10 HW 93 20:25 LW -139	24 02:33 HW 110 08:50 LW -122 14:49 HW 88 21:08 LW -129 ☾	25 03:21 HW 95 09:35 LW -108 15:43 HW 82 22:05 LW -114	26 04:29 HW 79 10:38 LW -91 17:02 HW 78 23:26 LW -100 doodtij	27 06:02 HW 70 12:10 LW -81 18:34 HW 83	28 01:07 LW -103 07:39 HW 74 13:43 LW -91 20:00 HW 98	



WADVAAARDERS



Foto: Hans Bom

Verstilde winterse weerspiegeling tussen Vlieland en Texel

Lauwersoog t.o.v. NAP

Maart 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
						1 02:33 LW -121 08:55 HW 86 14:57 LW -109 21:06 HW 115
2 03:42 LW -140 09:54 HW 95 15:59 LW -126 21:59 HW 127	3 04:36 LW -152 10:42 HW 99 16:49 LW -137 22:43 HW 132	4 05:20 LW -156 11:22 HW 100 17:29 LW -144 23:22 HW 133	5 05:57 LW -153 11:57 HW 100 18:04 LW -148 23:59 HW 130	6 06:28 LW -150 12:28 HW 99 18:34 LW -151	7 00:33 HW 124 06:55 LW -145 12:57 HW 97 19:03 LW -151	8 01:04 HW 114 07:22 LW -139 13:24 HW 94 19:33 LW -145
9 01:33 HW 101 07:49 LW -131 13:50 HW 89 20:03 LW -135	10 02:00 HW 89 08:16 LW -122 14:16 HW 84 20:33 LW -123	11 02:31 HW 77 08:44 LW -112 14:49 HW 78 21:08 LW -110	12 03:15 HW 64 09:22 LW -100 15:44 HW 71 21:55 LW -93	13 04:19 HW 53 10:16 LW -84 17:02 HW 67 23:04 LW -79	14 05:50 HW 50 11:34 LW -71 18:39 HW 73	15 01:02 LW -81 07:27 HW 59 13:34 LW -80 19:59 HW 88
16 02:23 LW -104 08:43 HW 74 14:42 LW -102 20:58 HW 104	17 03:18 LW -126 09:37 HW 87 15:33 LW -119 21:44 HW 115	18 04:06 LW -141 10:21 HW 95 16:19 LW -133 22:25 HW 122	19 04:50 LW -150 11:01 HW 98 17:02 LW -143 23:02 HW 126	20 05:31 LW -155 11:36 HW 100 17:42 LW -150 23:39 HW 128	21 06:09 LW -156 12:08 HW 101 18:21 LW -156	22 00:16 HW 126 06:44 LW -153 12:39 HW 102 18:57 LW -157
23 00:54 HW 121 07:17 LW -147 13:13 HW 102 19:32 LW -155	24 01:35 HW 112 07:50 LW -138 13:51 HW 101 20:10 LW -148	25 02:21 HW 99 08:27 LW -126 14:38 HW 96 20:56 LW -136	26 03:17 HW 83 09:14 LW -109 15:38 HW 89 21:57 LW -119	27 04:31 HW 68 10:21 LW -91 16:56 HW 85 23:24 LW -107	28 05:59 HW 63 11:59 LW -84 18:22 HW 90	29 01:00 LW -115 08:29 HW 70 14:30 LW -98 20:44 HW 102
30 03:17 LW -134 09:42 HW 82 15:40 LW -118 21:48 HW 115	31 04:20 LW -149 10:37 HW 91 16:37 LW -133 22:38 HW 121					

Op 29 maart gaat de zomertijd in!



WADVAAARDERS



Foto: Ronald Mors

Schildersron

Lauwersoog

t.o.v. NAP

April 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
		1 05:10 LW -155 11:20 HW 94 17:24 LW -142 23:19 HW 123	2 05:51 LW -153 11:53 HW 96 18:03 LW -145 23:54 HW 121	3 06:25 LW -148 12:22 HW 98 18:35 LW -148	4 00:27 HW 117 06:52 LW -145 12:49 HW 101 19:04 LW -150 spring	5 01:00 HW 111 07:18 LW -143 13:19 HW 103 19:33 LW -149
6 01:31 HW 102 07:45 LW -140 13:49 HW 100 20:03 LW -145	7 02:01 HW 91 08:12 LW -135 14:18 HW 96 20:32 LW -136	8 02:31 HW 80 08:38 LW -129 14:46 HW 91 21:01 LW -127	9 03:05 HW 69 09:08 LW -122 15:23 HW 85 21:36 LW -118	10 03:51 HW 59 09:47 LW -112 16:16 HW 78 22:23 LW -105	11 04:55 HW 51 10:40 LW -97 17:23 HW 74 23:30 LW -93	12 06:18 HW 49 11:54 LW -84 18:49 HW 77 doodtij
13 01:06 LW -94 07:50 HW 57 13:32 LW -86 20:15 HW 89	14 02:35 LW -114 09:04 HW 72 14:55 LW -105 21:19 HW 103	15 03:35 LW -134 10:01 HW 85 15:53 LW -124 22:10 HW 114	16 04:26 LW -148 10:49 HW 94 16:43 LW -137 22:55 HW 120	17 05:13 LW -155 11:30 HW 99 17:31 LW -147 23:38 HW 123	18 05:57 LW -157 12:08 HW 103 18:16 LW -155	19 00:19 HW 122 06:38 LW -157 12:44 HW 105 18:58 LW -160 spring
20 01:00 HW 118 07:17 LW -154 13:20 HW 108 19:39 LW -162	21 01:42 HW 111 07:54 LW -148 13:58 HW 110 20:20 LW -159	22 02:27 HW 101 08:32 LW -140 14:53 HW 110 21:04 LW -152	23 03:19 HW 89 09:14 LW -128 15:34 HW 106 21:55 LW -140	24 04:20 HW 76 10:06 LW -114 16:36 HW 101 22:59 LW -127	25 05:30 HW 67 11:15 LW -100 17:47 HW 98	26 00:17 LW -122 06:46 HW 64 12:40 LW -97 19:04 HW 100 doodtij
27 01:37 LW -128 08:05 HW 70 14:01 LW -108 20:19 HW 106	28 02:45 LW -139 09:16 HW 79 15:07 LW -122 21:23 HW 111	29 03:44 LW -146 10:10 HW 86 16:04 LW -133 22:13 HW 113	30 04:33 LW -147 10:51 HW 90 16:52 LW -138 22:53 HW 111			



WADVAAARDERS



Foto: Anne Marie van der Veen

De Boontjes

Lauwersoog
t.o.v. NAP

Mei 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
				1 05:15 LW -144 11:21 HW 94 17:32 LW -140 23:26 HW 107	2 05:48 LW -140 11:48 HW 99 18:06 LW -140 23:58 HW 104	3 06:17 LW -138 12:18 HW 104 18:37 LW -141 spring
4 00:32 HW 99 06:46 LW -138 12:51 HW 107 19:08 LW -141	5 01:05 HW 91 07:15 LW -137 13:24 HW 105 19:39 LW -137	6 01:39 HW 83 07:43 LW -134 13:55 HW 102 20:10 LW -132	7 02:13 HW 74 08:12 LW -130 14:28 HW 97 20:40 LW -126	8 02:52 HW 66 08:45 LW -126 15:09 HW 93 21:17 LW -120	9 03:41 HW 58 09:26 LW -118 15:59 HW 89 22:05 LW -114	10 04:40 HW 53 10:19 LW -107 16:58 HW 86 23:10 LW -108
11 05:51 HW 53 11:27 LW -98 18:06 HW 87 doodtij	12 00:28 LW -110 07:10 HW 59 12:48 LW -99 19:24 HW 93	13 01:45 LW -122 08:20 HW 70 14:05 LW -111 20:34 HW 103	14 02:49 LW -137 09:20 HW 82 15:09 LW -126 21:32 HW 111	15 03:44 LW -147 10:11 HW 93 16:06 LW -138 22:24 HW 116	16 04:35 LW -152 10:57 HW 101 16:59 LW -147 23:13 HW 118	17 05:24 LW -153 11:41 HW 107 17:50 LW -153
18 00:01 HW 116 06:10 LW -151 12:23 HW 113 18:40 LW -158 spring	19 00:48 HW 110 06:55 LW -148 13:05 HW 117 19:28 LW -160	20 01:37 HW 103 07:38 LW -144 13:49 HW 119 20:15 LW -159	21 02:27 HW 94 08:22 LW -139 14:37 HW 120 21:04 LW -155	22 03:21 HW 85 09:10 LW -132 15:30 HW 118 21:56 LW -148	23 04:18 HW 77 10:03 LW -124 16:29 HW 114 22:52 LW -140	24 05:19 HW 72 11:02 LW -116 17:31 HW 110 23:54 LW -134
25 06:22 HW 70 12:09 LW -112 18:37 HW 107 doodtij	26 01:00 LW -132 07:29 HW 71 13:20 LW -114 19:45 HW 105	27 02:03 LW -133 08:35 HW 76 14:26 LW -119 20:50 HW 104	28 03:00 LW -135 09:32 HW 83 15:24 LW -124 21:44 HW 102	29 03:51 LW -134 10:16 HW 89 16:16 LW -128 22:27 HW 99	30 04:36 LW -132 10:51 HW 95 17:02 LW -129 23:04 HW 95	31 05:16 LW -130 11:22 HW 101 17:42 LW -129 23:38 HW 93 spring



WADVAAARDERS



Foto: Taco Tel

De leden van de Groninger Kano Vereniging op weg naar Borkum, wanneer een Duits zeiljacht vlak langs vaart en een begroeting volgt

Lauwersoog
t.o.v. NAP

Juni 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
1 05:50 LW -130 11:56 HW 107 18:18 LW -130	2 00:14 HW 89 06:23 LW -130 12:32 HW 110 18:53 LW -130 spring	3 00:50 HW 85 06:54 LW -131 13:07 HW 110 19:27 LW -129	4 01:27 HW 80 07:26 LW -130 13:41 HW 109 20:00 LW -127	5 02:06 HW 74 07:58 LW -128 14:18 HW 107 20:34 LW -125	6 02:48 HW 69 08:33 LW -125 14:59 HW 104 21:12 LW -122	7 03:34 HW 65 09:14 LW -121 15:45 HW 102 21:57 LW -120
8 04:24 HW 62 10:04 LW -116 16:35 HW 100 22:52 LW -119 ☾	9 05:19 HW 61 11:04 LW -111 17:29 HW 98 23:54 LW -120	10 06:21 HW 63 12:10 LW -110 18:32 HW 98 doodtij	11 01:00 LW -124 07:30 HW 69 13:21 LW -114 19:47 HW 101	12 02:05 LW -131 08:35 HW 80 14:30 LW -123 20:55 HW 106	13 03:06 LW -137 09:33 HW 92 15:33 LW -133 21:56 HW 110	14 04:03 LW -140 10:27 HW 104 16:33 LW -140 22:53 HW 112
15 04:58 LW -141 11:18 HW 114 17:33 LW -146 23:49 HW 110 ☾	16 05:52 LW -140 12:07 HW 122 18:32 LW -152	17 00:43 HW 106 06:43 LW -140 12:55 HW 127 19:25 LW -156 spring	18 01:36 HW 100 07:32 LW -141 13:44 HW 130 20:14 LW -159	19 02:27 HW 94 08:19 LW -141 14:33 HW 131 21:00 LW -159	20 03:17 HW 89 09:05 LW -140 15:22 HW 129 21:46 LW -154	21 04:07 HW 84 10:23 LW -137 16:13 HW 124 22:32 LW -146 ☾
22 04:56 HW 79 10:39 LW -130 17:06 HW 116 23:21 LW -136	23 05:48 HW 75 11:31 LW -121 18:02 HW 107 doodtij	24 00:14 LW -126 06:42 HW 73 12:30 LW -113 19:02 HW 98	25 01:14 LW -118 07:42 HW 74 13:38 LW -108 20:06 HW 92	26 02:15 LW -115 08:43 HW 80 14:44 LW -109 21:09 HW 89	27 03:12 LW -116 09:38 HW 88 15:43 LW -112 22:02 HW 88	28 04:04 LW -117 10:23 HW 97 16:36 LW -116 22:46 HW 87
29 04:50 LW -119 11:03 HW 104 17:23 LW -119 23:26 HW 87	30 05:31 LW -120 11:41 HW 110 18:05 LW -122 ●					



WADVAAARDERS



Foto: Marieke Nauta

Beschut onder het Rif, geïnspireerd door de foeragerende vogels scoort de bemanning van de Jonge Jakob een toetje bij de burens op de ZH1

Lauwersoog t.o.v. NAP

Juli 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
		1 spring	2	3	4	5
		00:04 HW 86 06:09 LW -122 12:18 HW 115 18:44 LW -125	00:43 HW 86 06:44 LW -125 12:54 HW 117 19:21 LW -128	01:21 HW 84 07:18 LW -127 13:29 HW 118 19:57 LW -129	02:00 HW 82 07:53 LW -128 14:05 HW 119 20:32 LW -129	02:38 HW 79 08:28 LW -127 14:43 HW 118 21:07 LW -127
6	7	8	9 doodtij	10	11	12
03:17 HW 76 09:06 LW -125 15:24 HW 115 21:44 LW -125	03:57 HW 73 09:48 LW -123 16:08 HW 111 22:27 LW -123	04:40 HW 71 10:37 LW -120 16:54 HW 106 23:18 LW -120	05:29 HW 70 11:34 LW -116 17:49 HW 100	00:17 LW -116 06:34 HW 72 12:41 LW -112 19:03 HW 96	01:26 LW -114 07:51 HW 81 13:56 LW -114 20:24 HW 97	02:36 LW -117 09:02 HW 94 15:10 LW -121 21:37 HW 102
13	14	15	16 spring	17	18	19
03:41 LW -122 09:05 HW 109 16:20 LW -130 22:43 HW 106	04:44 LW -126 11:03 HW 123 17:30 LW -140 23:43 HW 108	05:46 LW -130 11:56 HW 132 18:30 LW -150	00:38 HW 107 06:40 LW -135 12:46 HW 138 19:20 LW -157	01:29 HW 104 07:27 LW -141 13:34 HW 141 20:04 LW -160	02:17 HW 100 08:10 LW -145 14:20 HW 140 20:45 LW -158	03:00 HW 96 08:50 LW -147 15:04 HW 135 21:23 LW -152
20	21	22	23 doodtij	24	25	26
03:41 HW 91 09:28 LW -143 15:47 HW 126 22:01 LW -141	04:22 HW 85 10:08 LW -135 16:30 HW 114 22:40 LW -127	05:03 HW 79 10:49 LW -122 17:15 HW 100 23:22 LW -112	05:50 HW 75 11:37 LW -106 18:07 HW 87	00:13 LW -97 06:45 HW 73 12:38 LW -91 19:11 HW 77	01:22 LW -88 07:50 HW 77 14:01 LW -86 20:24 HW 75	02:36 LW -90 08:58 HW 86 15:14 LW -92 21:36 HW 79
27	28	29	30	31 spring		
03:37 LW -98 09:57 HW 98 16:14 LW -103 22:30 HW 84	04:30 LW -106 10:44 HW 108 17:05 LW -112 23:14 HW 88	05:15 LW -113 11:25 HW 116 17:49 LW -119 23:53 HW 91	05:56 LW -118 12:02 HW 121 18:30 LW -125	00:31 HW 93 06:34 LW -123 12:37 HW 125 19:08 LW -131		



WADVAAARDERS



Foto: Wim van Hezel

Op weg naar...

Lauwersoog
t.o.v. NAP

Augustus 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
					1 01:09 HW 93 07:09 LW -127 13:10 HW 127 19:44 LW -134	2 01:44 HW 93 07:44 LW -130 13:44 HW 128 20:18 LW -133
3 02:17 HW 91 08:17 LW -130 14:20 HW 127 20:49 LW -130	4 02:49 HW 88 08:50 LW -129 14:58 HW 124 21:21 LW -125	5 03:24 HW 85 09:26 LW -127 15:39 HW 117 21:57 LW -120	6 04:02 HW 82 10:08 LW -122 16:23 HW 108 22:41 LW -112	7 04:48 HW 80 11:00 LW -114 17:18 HW 97 23:37 LW -101	8 05:52 HW 79 12:07 LW -103 18:36 HW 88 doodtij	9 00:50 LW -92 07:18 HW 85 13:34 LW -100 20:08 HW 88
10 02:15 LW -93 08:42 HW 99 15:00 LW -109 21:30 HW 96	11 03:31 LW -103 09:52 HW 117 16:19 LW -124 22:38 HW 105	12 04:40 LW -115 10:51 HW 132 17:26 LW -140 23:35 HW 110	13 05:41 LW -127 11:43 HW 141 18:19 LW -150	14 00:25 HW 111 06:30 LW -135 12:30 HW 145 19:04 LW -153 spring	15 01:11 HW 109 07:13 LW -141 13:14 HW 145 19:43 LW -152	16 01:52 HW 106 07:50 LW -145 13:55 HW 141 20:18 LW -147
17 02:29 HW 102 08:24 LW -145 14:34 HW 133 20:51 LW -139	18 03:03 HW 97 08:57 LW -140 15:10 HW 120 21:22 LW -128	19 03:35 HW 91 09:31 LW -130 15:43 HW 106 21:53 HW -113	20 04:08 HW 85 10:06 LW -115 16:17 HW 91 22:27 LW -98	21 04:48 HW 79 10:46 LW -97 17:02 HW 77 23:07 LW -82	22 05:45 HW 75 11:36 LW -78 18:09 HW 66 doodtij	23 00:03 LW -68 06:58 HW 75 12:58 LW -65 19:32 HW 64
24 01:47 LW -63 08:16 HW 85 14:44 LW -73 21:02 HW 72	25 03:11 LW -77 09:27 HW 99 15:49 LW -92 22:07 HW 84	26 04:06 LW -94 10:20 HW 112 16:41 LW -107 22:54 HW 93	27 04:53 LW -106 11:02 HW 122 17:25 LW -119 23:34 HW 99	28 05:35 LW -115 11:39 HW 127 18:06 LW -127	29 00:12 HW 102 06:13 LW -121 12:14 HW 131 18:44 LW -132	30 00:47 HW 102 06:50 LW -127 12:46 HW 133 19:19 LW -134 spring
31 01:19 HW 102 07:25 LW -130 13:19 HW 133 19:53 LW -132						



WADVAAARDERS



Foto: Ronald Mors

Zeekraalbos

Lauwersoog
t.o.v. NAP

September 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
	1 01:47 HW 100 07:58 LW -131 13:54 HW 131 20:23 LW -127	2 02:17 HW 99 08:29 LW -130 14:32 HW 125 20:53 LW -120	3 02:51 HW 98 09:03 LW -127 15:13 HW 116 21:26 LW -112	4 03:31 HW 96 09:43 LW -119 16:01 HW 104 22:07 LW -101 	5 04:22 HW 91 10:35 LW -107 17:03 HW 89 23:03 LW -85	6 05:33 HW 88 11:47 LW -92 18:29 HW 80 doodtij
7 00:26 LW -72 07:02 HW 92 13:27 LW -89 20:03 HW 83	8 02:06 LW -77 08:29 HW 107 14:57 LW -105 21:24 HW 95	9 03:24 LW -95 09:39 HW 125 16:11 LW -125 22:28 HW 106	10 04:30 LW -112 10:35 HW 138 17:10 LW -139 23:19 HW 111	11 05:25 LW -125 11:23 HW 144 17:58 LW -144 	12 00:03 HW 112 06:10 LW -131 12:05 HW 145 18:39 LW -141	13 00:41 HW 111 06:49 LW -135 12:45 HW 142 19:14 LW -136 spring
14 01:16 HW 110 07:22 LW -136 13:22 HW 135 19:44 LW -130	15 01:47 HW 108 07:52 LW -136 13:56 HW 125 20:11 LW -123	16 02:17 HW 104 08:23 LW -130 14:28 HW 111 20:39 LW -114	17 02:45 HW 99 08:54 LW -120 14:57 HW 97 21:07 LW -104 	18 03:15 HW 94 09:26 LW -106 15:29 HW 84 21:36 LW -92 	19 03:51 HW 87 10:01 LW -90 16:12 HW 71 22:12 LW -79	20 04:44 HW 81 10:46 LW -73 17:16 HW 61 23:02 LW -63 doodtij
21 06:01 HW 78 11:52 LW -58 18:45 HW 59	22 00:16 LW -51 07:30 HW 85 13:56 LW -61 20:17 HW 69	23 02:28 LW -60 08:47 HW 100 15:12 LW -83 21:31 HW 85	24 03:31 LW -82 09:45 HW 115 16:04 LW -104 22:22 HW 97	25 04:18 LW -98 10:30 HW 125 16:49 LW -117 23:05 HW 105	26 05:02 LW -110 11:09 HW 131 17:31 LW -125 23:43 HW 108 	27 05:42 LW -118 11:45 HW 134 18:10 LW -129
28 spring 00:18 HW 109 06:21 LW -125 12:20 HW 134 18:47 LW -130	29 00:49 HW 109 06:59 LW -129 12:55 HW 133 19:21 LW -127	30 01:17 HW 110 07:34 LW -130 13:31 HW 129 19:54 LW -122				



WADVAAARDERS



Foto: Hans Erik van Helsdingen

Zon, wind en wad heerlijk "flaneren" op de flanken van de Middelpaat (Visjagersgaatje)

Lauwersoog

t.o.v. NAP

Oktober 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
			1	2	3	4
			01:48 HW 111 08:09 LW -129 14:11 HW 122 20:26 LW -115	02:26 HW 111 08:46 LW -124 14:56 HW 110 21:01 LW -105	03:12 HW 108 09:29 LW -114 15:51 HW 96 21:45 LW -91	04:11 HW 103 10:26 LW -99 17:01 HW 83 22:46 LW -74
5	6	7	8	9	10	11
05:25 HW 100 11:46 LW -87 18:26 HW 77	00:15 LW -63 06:50 HW 104 13:22 LW -90 19:53 HW 83	01:52 LW -73 08:11 HW 116 14:42 LW -108 21:09 HW 94	03:06 LW -93 09:20 HW 129 15:48 LW -123 22:09 HW 104	04:07 LW -109 10:14 HW 137 16:43 LW -131 22:57 HW 109	04:59 LW -119 10:58 HW 139 17:29 LW -130 23:34 HW 110	05:43 LW -123 11:36 HW 137 18:07 LW -125
12	13	14	15	16	17	18
00:05 HW 112 06:19 LW -123 12:12 HW 132 18:38 LW -119	00:34 HW 114 06:50 LW -124 12:46 HW 125 19:04 LW -115	01:04 HW 115 07:19 LW -123 13:18 HW 115 19:31 LW -112	01:35 HW 113 07:50 LW -118 13:49 HW 103 19:59 LW -107	02:05 HW 109 08:21 LW -109 14:19 HW 90 20:27 LW -99	02:36 HW 103 08:52 LW -98 14:53 HW 79 20:56 LW -92	03:12 HW 97 09:26 LW -86 15:38 HW 69 21:32 LW -82
19	20	21	22	23	24	25
04:02 HW 90 10:09 LW -75 16:40 HW 61 22:21 LW -69	05:08 HW 86 11:11 LW -64 18:02 HW 60 23:29 LW -57	06:33 HW 89 12:41 LW -63 19:30 HW 68	01:02 LW -57 07:56 HW 100 14:14 LW -80 20:43 HW 83	02:32 LW -74 08:59 HW 113 15:13 LW -101 21:40 HW 96	03:30 LW -93 09:50 HW 124 16:02 LW -115 22:27 HW 106	03:19 LW -107 09:34 HW 130 15:48 LW -123 22:07 HW 111
26	27	28	29	30	31	
04:05 LW -116 10:15 HW 133 16:31 LW -126 22:45 HW 114	04:49 LW -123 10:54 HW 132 17:12 LW -125 23:18 HW 117	05:32 LW -127 11:34 HW 129 17:50 LW -123 23:52 HW 120	06:13 LW -129 12:15 HW 123 18:28 LW -118	00:29 HW 122 06:54 LW -127 12:59 HW 114 19:06 LW -111	01:12 HW 123 07:38 LW -122 13:50 HW 103 19:47 LW -102	

Op 25 oktober gaat de wintertijd in!



WADVAAARDERS



Foto: Wietse en Marieke Koppenaal

Masten bij zonsondergang op Schiermonnikoog

Lauwersoog

t.o.v. NAP

November 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
						1  02:03 HW 120 08:28 LW -112 14:50 HW 91 20:37 LW -89
2  03:05 HW 116 09:30 LW -101 15:59 HW 82 21:42 LW -76	3  04:15 HW 113 10:43 LW -94 17:14 HW 79 23:01 LW -71	405:30 HW 114 12:01 LW -98 18:30 HW 83	500:24 LW -79 06:46 HW 119 13:11 LW -108 19:43 HW 91	601:33 LW -92 07:54 HW 125 14:12 LW -116 20:42 HW 99	702:33 LW -104 08:49 HW 128 15:06 LW -118 21:28 HW 104	803:26 LW -110 09:33 HW 127 15:52 LW -116 22:02 HW 108
904:12 LW -113 10:09 HW 123 16:30 LW -111 22:30 HW 112	1004:50 LW -112 10:42 HW 118 17:01 LW -107 22:58 HW 118	1105:23 LW -112 11:14 HW 112 17:30 LW -106 23:30 HW 121	1205:54 LW -111 11:47 HW 105 17:59 LW -106	1300:04 HW 120 06:26 LW -108 12:20 HW 95 18:29 LW -104	1400:37 HW 116 06:58 LW -102 12:54 HW 86 18:59 LW -100	1501:09 HW 111 07:30 LW -95 13:30 HW 77 19:30 LW -95
1601:46 HW 106 08:03 LW -88 14:16 HW 70 20:07 LW -89	1702:34 HW 101 08:46 HW 65 15:12 LW -81	1803:30 HW 97 09:43 LW -77 16:18 HW 64 21:56 LW -73	1904:31 HW 97 10:54 LW -78 17:36 HW 68 23:10 LW -71	2005:45 HW 101 12:10 LW -96 18:49 HW 78	2100:28 LW -78 07:02 HW 109 13:17 LW -100 19:51 HW 90	2201:38 LW -93 08:03 HW 118 14:14 LW -113 20:43 HW 101
2302:36 LW -106 08:56 HW 124 15:06 LW -120 21:30 HW 111	2403:29 LW -116 09:46 HW 127 15:55 LW -123 22:13 HW 118	2504:21 LW -123 10:33 HW 126 16:41 LW -122 22:53 HW 124	2605:11 LW -127 11:20 HW 122 17:27 LW -120 23:34 HW 128	2706:00 LW -129 12:07 HW 115 18:11 LW -116	2800:18 HW 131 06:49 LW -129 12:57 HW 107 18:56 LW -112	2901:05 HW 132 07:39 LW -126 13:50 HW 98 19:44 LW -107
3001:58 HW 130 08:31 LW -121 14:47 HW 90 20:36 LW -100						

WADVAAARDERS



Foto: Hilde Kroon

Mooie lucht tussen de onweersbuien, Oosterom 11

Lauwersoog
t.o.v. NAP

December 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
	1 02:56 HW 127 09:26 LW -114 15:47 HW 84 21:33 LW -94	2 03:57 HW 122 10:24 LW -108 16:49 HW 80 22:35 LW -89	3 05:02 HW 118 11:26 LW -104 17:53 HW 80 23:43 LW -88 doodtij	4 06:11 HW 114 12:29 LW -103 19:01 HW 84	5 00:51 LW -91 07:19 HW 112 13:30 LW -104 20:03 HW 90	6 01:54 LW -97 08:20 HW 111 14:25 LW -105 20:53 HW 97
7 02:52 LW -102 09:10 HW 109 15:15 LW -104 21:32 HW 104	8 03:43 LW -104 09:49 HW 106 15:58 LW -103 22:04 HW 111	9 04:27 LW -105 10:23 HW 103 16:35 LW -102 22:35 HW 117	10 05:05 LW -105 10:56 HW 100 17:08 LW -102 23:10 HW 122	11 05:40 LW -105 11:30 HW 96 17:40 LW -104 23:45 HW 123 spring	12 06:14 LW -105 12:05 HW 91 18:11 LW -105	13 00:19 HW 121 06:47 LW -103 12:42 HW 86 18:43 LW -105
14 00:53 HW 118 07:20 LW -100 13:20 HW 81 19:16 LW -103	15 01:30 HW 115 07:53 LW -98 14:01 HW 76 19:52 LW -101	16 02:12 HW 112 08:31 LW -96 14:45 HW 72 20:35 LW -97	17 02:57 HW 109 09:18 LW -95 15:31 HW 71 21:28 LW -93	18 03:45 HW 106 10:14 LW -95 16:22 HW 71 22:29 LW -90	19 04:38 HW 104 11:17 LW -96 17:28 HW 74 23:37 LW -90 doodtij	20 05:47 HW 103 12:25 LW -100 18:51 HW 82
21 00:50 LW -96 07:14 HW 107 13:31 LW -107 19:58 HW 95	22 01:59 LW -106 08:22 HW 117 14:31 LW -114 20:55 HW 108	23 03:01 LW -115 09:23 HW 117 15:27 LW -117 21:47 HW 120	24 04:01 LW -123 10:19 HW 117 16:21 LW -118 22:37 HW 129	25 05:02 LW -129 11:13 HW 114 17:15 LW -119 23:25 HW 134	26 05:58 LW -134 12:06 HW 109 18:06 LW -120 spring	27 00:13 HW 138 06:49 LW -138 12:57 HW 104 18:55 LW -122
28 01:01 HW 139 07:37 LW -139 13:46 HW 98 19:41 LW -123	29 01:50 HW 137 08:22 LW -137 14:35 HW 92 20:27 LW -122	30 02:40 HW 132 09:07 LW -130 15:23 HW 86 21:13 LW -117	31 03:31 HW 123 09:53 LW -119 16:13 HW 81 22:01 LW -108			



WADVAAARDERS



Foto: Wietse en Marieke Koppenaal

Horizonvervaging tijdens springtij vanuit de haven van Schiermonnikoog

Lauwersoog
t.o.v. NAP

Januari 2027

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
				1	2	3
				10:39 LW -108 17:05 HW 79 22:52 LW -100	05:24 HW 101 11:35 LW -97 18:04 HW 78 23:58 LW -91	06:34 HW 92 12:41 LW -91 19:11 HW 81
4	5	6	7	8	9	10
01:12 LW -89 07:49 HW 89 13:46 LW -91 20:17 HW 90	02:20 LW -93 08:52 HW 89 14:44 LW -95 21:10 HW 99	03:20 LW -99 09:41 HW 90 15:35 LW -99 21:50 HW 107	04:10 LW -104 10:20 HW 89 16:19 LW -102 22:25 HW 113	04:53 LW -107 10:51 HW 89 16:56 LW -105 22:57 HW 118	05:30 LW -110 11:22 HW 89 17:30 LW -110 23:29 HW 122	06:05 LW -114 11:55 HW 90 18:03 LW -115
11	12	13	14	15	16	17
00:01 HW 124 06:39 LW -118 12:28 HW 90 18:35 LW -119	00:33 HW 126 07:11 LW -119 13:02 HW 89 19:07 LW -121	01:09 HW 125 07:42 LW -118 13:36 HW 87 19:40 LW -121	01:47 HW 122 08:13 LW -117 14:11 HW 85 20:17 LW -119	02:26 HW 118 08:49 LW -115 14:47 HW 82 20:59 LW -116	03:08 HW 112 09:34 LW -111 15:26 HW 80 21:50 LW -110	03:54 HW 104 10:28 LW -104 16:17 HW 78 22:52 LW -102
18	19	20	21	22	23	24
04:57 HW 95 11:35 LW -96 17:41 HW 79	00:08 LW -97 06:30 HW 90 12:53 LW -95 19:14 HW 88	01:31 LW -102 07:57 HW 94 14:05 LW -101 20:27 HW 104	02:45 LW -113 09:09 HW 102 15:11 LW -109 21:29 HW 119	03:56 LW -125 10:11 HW 107 16:14 LW -117 22:24 HW 131	05:01 LW -137 11:06 HW 109 17:12 LW -125 23:14 HW 139	05:53 LW -147 11:57 HW 108 18:02 LW -133
25	26	27	28	29	30	31
00:02 HW 143 06:39 LW -153 12:43 HW 106 18:46 LW -141	00:47 HW 144 07:20 LW -153 13:27 HW 102 19:26 LW -145	01:31 HW 139 07:58 LW -149 14:08 HW 98 20:04 LW -144	02:14 HW 130 08:35 LW -139 14:47 HW 91 20:42 LW -137	02:56 HW 117 09:12 LW -125 15:26 HW 84 21:21 LW -125	03:38 HW 101 09:50 LW -109 16:10 HW 77 22:05 LW -108	04:26 HW 84 10:36 LW -92 17:04 HW 72 23:01 LW -90



WADVAAARDERS

Herleidingstabel met gemiddelde tijden
t.o.v. Lauwersoog

	HW	LW
Den Helder	-3:31	-2:57
Oudeschild	-2:14	-2:19
Den Oever	-1:51	-1:30
Kornwerderzand	-1:09	-0:38
Harlingen	-0:50	+0:11
Vlieland haven	-1:40	-1:35
West-Terschelling	-1:09	-1:12
Nes	-0:16	-0:20
Schiermonnikoog	+0:04	-0:03
Noordpolderzijk	+0:53	
Huibertgat	-0:12	-0:05
Eemshaven	+0:52	+1:02
Delfzijl	+1:37	+1:44
Nieuwe Statenzijk	+2:23	+2:37

