

WADVAAARDERS



Foto: Cees Goudsblom

Strand Vlieland, op weg naar Helgoland, ff wachten.

Lauwersoog t.o.v. NAP

Januari 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
		1 05:18 LW -115 11:20 HW 102 17:22 LW -115 23:29 HW 127	2 06:02 LW -121 12:02 HW 99 18:02 LW -117	3 00:07 HW 131 06:46 LW -124 12:45 HW 96 18:44 LW -118	4 00:50 HW 133 07:29 LW -125 13:30 HW 92 19:27 LW -117	5 01:37 HW 133 08:13 LW -122 14:16 HW 87 20:12 LW -115
6 02:25 HW 129 08:57 LW -118 15:03 HW 82 21:00 LW -112	7 03:14 HW 122 09:44 LW -112 15:52 HW 77 21:52 LW -107	8 04:07 HW 114 10:37 LW -105 16:47 HW 74 22:51 LW -102	9 05:09 HW 104 11:37 LW -99 17:53 HW 76	10 00:00 LW -99 06:26 HW 99 12:45 LW -97 19:06 HW 83	11 01:16 LW -101 07:46 HW 99 13:54 LW -99 20:17 HW 96	12 02:30 LW -108 08:58 HW 102 15:00 LW -104 21:19 HW 110
13 03:42 LW -118 10:00 HW 105 16:02 LW -109 22:12 HW 121	14 04:45 LW -127 10:53 HW 105 16:56 LW -113 22:58 HW 128	15 05:35 LW -132 11:40 HW 101 17:40 LW -116 23:40 HW 131	16 06:16 LW -132 12:22 HW 95 18:16 LW -120	17 00:19 HW 130 06:51 LW -131 12:58 HW 90 18:50 LW -123	18 00:56 HW 127 07:24 LW -128 13:30 HW 85 19:24 LW -125	19 01:31 HW 121 07:57 LW -124 14:01 HW 81 19:58 LW -122
20 02:03 HW 114 08:29 LW -116 14:31 HW 77 20:32 LW -116	21 02:34 HW 105 09:01 LW -108 15:01 HW 74 21:06 LW -108	22 03:05 HW 97 09:35 LW -100 15:32 HW 71 21:44 LW -98	23 03:43 HW 88 10:15 LW -92 16:15 HW 69 22:33 LW -87	24 04:35 HW 79 11:07 LW -84 17:36 HW 68 23:36 LW -78	25 05:59 HW 73 12:19 LW -79 19:02 HW 75	26 01:04 LW -77 07:28 HW 77 13:41 LW -85 20:11 HW 88
27 02:22 LW -89 08:38 HW 85 14:45 LW -97 21:08 HW 102	28 03:24 LW -104 09:38 HW 92 15:39 LW -107 21:57 HW 114	29 04:19 LW -118 10:29 HW 98 16:29 LW -116 22:39 HW 123	30 05:10 LW -129 11:15 HW 100 17:16 LW -124 23:19 HW 130	31 05:57 LW -138 11:58 HW 100 18:01 LW -131 23:59 HW 135		



WADVAAARDERS



Foto: Aelwyn Soepboer

Ondergaande zon met de Wilhelmina, Engelsmanplaat 2024.

Lauwersoog

t.o.v. NAP

Februari 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
					1 06:41 LW -144 12:38 HW 99 18:44 LW -136	2 00:40 HW 138 07:22 LW -145 13:17 HW 97 19:25 LW -138
3 01:23 HW 137 08:00 LW -141 13:56 HW 93 20:04 LW -138	4 02:06 HW 131 08:38 LW -133 14:36 HW 89 20:43 LW -133	5 02:51 HW 121 09:17 LW -122 15:18 HW 83 21:27 LW -125	6 03:39 HW 106 10:02 LW -109 16:08 HW 78 22:20 LW -113	7 04:41 HW 91 10:59 LW -94 17:17 HW 75 23:31 LW -101	8 06:06 HW 80 12:17 LW -85 18:41 HW 80	9 01:02 LW -99 07:40 HW 81 13:41 LW -89 20:04 HW 93
10 02:27 LW -111 08:57 HW 89 14:55 LW -102 21:11 HW 109	11 03:40 LW -127 09:57 HW 96 15:57 LW -115 22:03 HW 121	12 04:36 LW -139 10:46 HW 98 16:47 LW -124 22:46 HW 126	13 05:21 LW -143 11:26 HW 96 17:27 LW -129 23:23 HW 128	14 05:57 LW -142 11:59 HW 94 18:00 LW -133 23:56 HW 127	15 06:28 LW -140 12:28 HW 92 18:30 LW -137	16 00:29 HW 124 06:56 LW -138 12:56 HW 91 18:59 LW -140
17 00:59 HW 119 07:24 LW -135 13:22 HW 89 19:29 LW -138	18 01:27 HW 111 07:51 LW -129 13:47 HW 86 19:58 LW -132	19 01:52 HW 103 08:17 LW -122 14:07 HW 84 20:26 LW -126	20 02:19 HW 95 08:44 LW -117 14:28 HW 81 20:59 LW -118	21 02:54 HW 86 09:20 LW -109 15:10 HW 77 21:43 LW -106	22 03:46 HW 74 10:09 LW -97 16:17 HW 71 22:42 LW -91	23 05:01 HW 64 11:15 LW -83 17:52 HW 70
24 00:06 LW -81 06:45 HW 63 12:50 LW -79 19:31 HW 82	25 01:50 LW -93 08:15 HW 74 14:17 LW -94 20:41 HW 99	26 03:02 LW -114 09:22 HW 86 15:19 LW -111 21:35 HW 114	27 04:01 LW -132 10:14 HW 95 16:13 LW -125 22:21 HW 125	28 04:52 LW -145 11:00 HW 100 17:03 LW -136 23:03 HW 132		



WADVAAARDERS



Foto: Hans van Dorp

Onvrijwillig drooggevallen op het Eemswadje.

Lauwersoog t.o.v. NAP

Maart 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
					1	2
					05:39 LW -154 11:41 HW 101 17:48 LW -146 23:44 HW 136	06:21 LW -159 12:20 HW 102 18:30 LW -153
3	4	5	6	7	8	9
00:25 HW 137 07:00 LW -158 12:56 HW 101 19:09 LW -157	01:06 HW 134 07:37 LW -152 13:32 HW 100 19:46 LW -156	01:47 HW 125 08:12 LW -142 14:10 HW 97 20:24 LW -149	02:30 HW 112 08:47 LW -128 14:51 HW 91 21:05 LW -137	03:20 HW 94 09:28 LW -111 15:43 HW 84 21:57 LW -120	04:26 HW 76 10:24 LW -92 16:55 HW 78 23:12 LW -103	05:53 HW 66 11:53 LW -79 18:20 HW 81
10	11	12	13	14	15	16
00:53 LW -102 07:30 HW 68 13:30 LW -88 19:48 HW 93	02:19 LW -119 08:46 HW 80 14:43 LW -107 20:55 HW 108	03:25 LW -137 09:44 HW 90 15:41 LW -123 21:45 HW 118	04:15 LW -147 10:28 HW 93 16:27 LW -133 22:24 HW 121	04:56 LW -148 11:01 HW 93 17:04 LW -137 22:57 HW 121	05:28 LW -145 11:28 HW 93 17:35 LW -140 23:27 HW 121	05:56 LW -143 11:53 HW 96 18:03 LW -144 23:57 HW 118
17	18	19	20	21	22	23
06:22 LW -143 12:20 HW 97 18:31 LW -147	00:27 HW 113 06:48 LW -142 12:47 HW 96 18:59 LW -145	00:54 HW 105 07:13 LW -138 13:11 HW 94 19:25 LW -141	01:20 HW 97 07:37 LW -134 13:31 HW 92 19:52 LW -136	01:48 HW 88 08:04 LW -131 13:58 HW 89 20:24 LW -130	02:25 HW 79 08:41 LW -123 14:44 HW 84 21:08 LW -119	03:21 HW 67 09:29 LW -108 15:49 HW 77 22:07 LW -104
24	25	26	27	28	29	30
04:36 HW 57 10:35 LW -90 17:10 HW 74 23:31 LW -93	06:15 HW 56 12:08 LW -82 18:50 HW 83	01:18 LW -103 07:49 HW 68 13:44 LW -97 20:09 HW 99	02:32 LW -126 08:57 HW 83 14:51 LW -117 21:07 HW 115	03:31 LW -144 09:49 HW 93 15:47 LW -133 21:55 HW 125	04:23 LW -155 10:34 HW 99 16:38 LW -145 22:40 HW 131	06:10 LW -161 12:16 HW 103 18:24 LW -155
31						
00:23 HW 133 06:53 LW -163 12:54 HW 105 19:07 LW -163						

Op 30 maart gaat de zomertijd in!

©Fixsoft. Bron: waterinfo.rws.nl, Rijkswaterstaat. De vereniging Wadvvaarders is niet verantwoordelijk voor de juistheid van de gegevens.



WADVAAARDERS



Foto: Peter Grobbee

Het Wad maakt hongerig. Lepelaar met iets te grote vangst voor de haven van Schier. Teelens

Lauwersoog t.o.v. NAP

April 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
	1 01:05 HW 131 07:32 LW -160 13:31 HW 107 19:47 LW -166	2 01:47 HW 125 08:08 LW -154 14:08 HW 107 20:26 LW -164	3 02:30 HW 114 08:43 LW -144 14:48 HW 105 21:05 LW -156	4 03:16 HW 99 09:20 LW -131 15:32 HW 100 21:49 LW -142	5 04:09 HW 81 10:03 LW -113 16:28 HW 92 22:43 LW -124	6 05:17 HW 66 11:00 LW -94 17:38 HW 86 23:58 LW -108
7 06:37 HW 58 12:27 LW -82 18:58 HW 87	8 01:35 LW -109 08:07 HW 62 14:06 LW -91 20:21 HW 95	9 02:54 LW -125 09:23 HW 74 15:15 LW -110 21:28 HW 106	10 03:54 LW -139 10:18 HW 84 16:10 LW -125 22:18 HW 112	11 04:41 LW -145 10:58 HW 88 16:55 LW -133 22:55 HW 113	12 05:19 LW -145 11:28 HW 91 17:32 LW -137 23:26 HW 112	13 05:51 LW -143 11:53 HW 95 18:04 LW -140 23:56 HW 112
14 06:20 LW -143 12:20 HW 100 18:33 LW -143	15 00:28 HW 109 06:47 LW -144 12:50 HW 103 19:03 LW -145	16 00:59 HW 104 07:14 LW -143 13:19 HW 102 19:31 LW -144	17 01:28 HW 96 07:39 LW -141 13:44 HW 99 19:58 LW -141	18 01:57 HW 88 08:06 LW -139 14:10 HW 97 20:27 LW -138	19 02:30 HW 80 08:37 LW -135 14:45 HW 94 21:02 LW -133	20 03:14 HW 70 09:15 LW -128 15:34 HW 90 21:47 LW -124
21 04:13 HW 60 10:05 LW -114 16:37 HW 85 22:48 LW -112	22 05:26 HW 54 11:11 LW -98 17:50 HW 84	23 00:13 LW -106 06:55 HW 56 12:40 LW -92 19:15 HW 90	24 01:45 LW -117 08:17 HW 67 14:08 LW -104 20:32 HW 103	25 02:55 LW -136 09:22 HW 80 15:15 LW -123 21:33 HW 115	26 03:53 LW -149 10:16 HW 91 16:13 LW -138 22:26 HW 123	27 04:47 LW -156 11:03 HW 99 17:06 LW -148 23:14 HW 127
28 05:36 LW -158 11:46 HW 105 17:57 LW -157	29 00:01 HW 126 06:21 LW -158 12:27 HW 109 18:43 LW -163	30 00:46 HW 121 07:03 LW -155 13:07 HW 113 19:27 LW -165				



WADVAAARDERS



Foto: Amarins Heeringa

Op onderzoek uit op het Groninger wad.

Lauwersoog

t.o.v. NAP

Mei 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag							
			1	01:32 HW 113 07:42 LW -150 13:48 HW 114 20:09 LW -163	2	02:18 HW 101 08:20 LW -142 14:31 HW 113 20:52 LW -155	3	03:07 HW 87 09:00 LW -131 15:20 HW 108 21:39 LW -143	4	04:03 HW 73 09:46 LW -117 16:15 HW 102 22:33 LW -128			
5	05:06 HW 63 10:42 LW -103 17:19 HW 96 23:41 LW -117	6	06:13 HW 58 11:56 LW -93 18:29 HW 94	7	00:59 LW -115 07:27 HW 60 13:22 LW -96 19:42 HW 96	8	02:09 LW -123 08:40 HW 68 14:31 LW -108 20:48 HW 101	9	03:06 LW -131 09:36 HW 78 15:27 LW -119 21:40 HW 103	10	03:54 LW -136 10:17 HW 85 16:14 LW -126 22:20 HW 104	11	04:35 LW -138 10:49 HW 91 16:55 LW -130 22:54 HW 103
12	05:12 LW -138 11:20 HW 98 17:32 LW -133 23:29 HW 103	13	05:45 LW -139 11:53 HW 103 18:06 LW -136	14	00:04 HW 100 06:16 LW -140 12:27 HW 106 18:39 LW -137	15	00:39 HW 95 06:46 LW -139 12:58 HW 106 19:11 LW -137	16	01:12 HW 88 07:15 LW -138 13:27 HW 104 19:41 LW -136	17	01:46 HW 82 07:45 LW -136 13:58 HW 103 20:14 LW -133	18	02:26 HW 74 08:20 LW -132 14:40 HW 102 20:52 LW -130
19	03:15 HW 67 09:02 LW -125 15:31 HW 99 21:41 LW -125	20	04:13 HW 61 09:53 LW -116 16:29 HW 97 22:44 LW -119	21	05:17 HW 58 10:59 LW -107 17:32 HW 97 23:58 LW -119	22	06:29 HW 60 12:15 LW -105 18:42 HW 100	23	01:11 LW -127 07:40 HW 68 13:31 LW -113 19:55 HW 106	24	02:17 LW -138 08:44 HW 78 14:38 LW -126 20:59 HW 113	25	03:16 LW -146 09:40 HW 89 15:39 LW -137 21:57 HW 117
26	04:12 LW -149 10:31 HW 99 16:37 LW -145 22:51 HW 119	27	05:05 LW -148 11:19 HW 108 17:34 LW -151 23:43 HW 116	28	05:55 LW -146 12:05 HW 115 18:26 LW -155	29	00:34 HW 110 06:41 LW -144 12:50 HW 119 19:15 LW -157	30	01:24 HW 102 07:24 LW -141 13:35 HW 121 20:01 LW -156	31	02:14 HW 92 08:06 LW -137 14:22 HW 120 20:45 LW -151		



WADVAAARDERS



Foto: Pieter van der Hulst

Na een mooie zeiltocht het anker uit, droogvallen en een wandeling over het wad.

Lauwersoog t.o.v. NAP

Juni 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
						1 03:04 HW 82 08:48 LW -132 15:10 HW 117 21:31 LW -144
2 03:55 HW 73 09:34 LW -124 16:01 HW 112 22:20 LW -134	3 04:47 HW 67 10:24 LW -115 16:56 HW 106 23:13 LW -124	4 05:41 HW 63 11:20 LW -106 17:53 HW 100	5 00:11 LW -117 06:37 HW 63 12:24 LW -101 18:54 HW 95	6 01:14 LW -116 07:37 HW 67 13:34 LW -102 19:54 HW 93	7 02:13 LW -118 08:35 HW 74 14:36 LW -107 20:51 HW 93	8 03:05 LW -122 09:26 HW 83 15:30 LW -113 21:40 HW 94
9 03:52 LW -126 10:11 HW 92 16:18 LW -118 22:24 HW 95	10 04:36 LW -128 10:51 HW 100 17:03 LW -122 23:06 HW 95	11 05:15 LW -130 11:31 HW 106 17:44 LW -126 23:47 HW 94	12 05:52 LW -131 12:09 HW 110 18:23 LW -129	13 00:27 HW 91 06:27 LW -132 12:44 HW 111 19:01 LW -131	14 01:06 HW 87 07:01 LW -132 13:17 HW 112 19:38 LW -132	15 01:45 HW 82 07:37 LW -131 13:53 HW 114 20:16 LW -132
16 02:28 HW 78 08:16 LW -128 14:36 HW 114 20:58 LW -130	17 03:15 HW 73 08:59 LW -125 15:24 HW 114 21:45 LW -128	18 04:05 HW 70 09:49 LW -121 16:15 HW 112 22:38 LW -126	19 04:58 HW 67 10:46 LW -117 17:09 HW 109 23:35 LW -125	20 05:56 HW 67 11:48 LW -115 18:10 HW 106	21 00:37 LW -126 07:00 HW 70 12:56 LW -117 19:19 HW 104	22 01:42 LW -128 08:05 HW 78 14:05 LW -122 20:30 HW 106
23 02:45 LW -131 09:09 HW 89 15:12 LW -129 21:36 HW 108	24 03:45 LW -133 10:07 HW 102 16:18 LW -135 22:38 HW 109	25 04:44 LW -133 11:02 HW 113 17:23 LW -141 23:36 HW 108	26 05:41 LW -133 11:53 HW 121 18:22 LW -147	27 00:31 HW 104 06:32 LW -133 12:41 HW 126 19:12 LW -151	28 01:23 HW 98 07:17 LW -134 13:27 HW 128 19:56 LW -151	29 02:10 HW 91 07:58 LW -136 14:12 HW 128 20:37 LW -149
30 02:54 HW 85 08:38 LW -135 14:56 HW 124 21:16 LW -144						



WADVAAARDERS



Foto: Julie-Anne Arendsen Hein

Verstild zomer-wad.

Lauwersoog

t.o.v. NAP

Juli 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
	1 03:36 HW 79 09:18 LW -133 15:39 HW 119 21:56 LW -136	2 04:17 HW 74 09:59 LW -126 16:22 HW 110 22:37 LW -126	3 04:59 HW 70 10:42 LW -116 17:08 HW 101 23:20 LW -115	4 05:46 HW 68 11:28 LW -105 17:57 HW 91	5 00:09 LW -105 06:38 HW 68 12:24 LW -95 18:55 HW 84	6 01:09 LW -100 07:37 HW 72 13:35 LW -91 19:57 HW 82
7 02:14 LW -101 08:37 HW 80 14:46 LW -94 20:59 HW 83	8 03:13 LW -106 09:35 HW 91 15:45 LW -102 21:56 HW 87	9 04:05 LW -112 10:25 HW 101 16:37 LW -110 22:47 HW 91	10 04:52 LW -117 11:10 HW 109 17:26 LW -118 23:33 HW 93	11 05:35 LW -121 11:51 HW 115 18:12 LW -124	12 00:18 HW 93 06:16 LW -125 12:29 HW 120 18:56 LW -131	13 01:00 HW 92 06:56 LW -128 13:06 HW 123 19:38 LW -135
14 01:41 HW 90 07:36 LW -130 13:44 HW 127 20:18 LW -138	15 02:22 HW 88 08:16 LW -131 14:25 HW 128 20:58 LW -137	16 03:03 HW 85 08:57 LW -130 15:09 HW 127 21:38 LW -133	17 03:45 HW 81 09:40 LW -128 15:55 HW 122 22:20 LW -128	18 04:30 HW 77 10:26 LW -124 16:43 HW 115 23:07 LW -121	19 05:20 HW 75 11:20 LW -119 17:39 HW 105	20 00:02 LW -114 06:21 HW 75 12:23 HW 113 18:50 HW 98
21 01:08 LW -108 07:33 HW 80 13:39 LW -110 20:11 HW 96	22 02:21 LW -108 08:47 HW 92 14:57 LW -115 21:29 HW 99	23 03:30 LW -112 09:55 HW 107 16:13 LW -125 22:37 HW 103	24 04:37 LW -118 10:53 HW 121 17:23 LW -137 23:35 HW 105	25 05:38 LW -124 11:44 HW 130 18:18 LW -145	26 00:26 HW 104 06:28 LW -129 12:30 HW 134 19:04 LW -148	27 01:12 HW 100 07:09 LW -133 13:13 HW 135 19:43 LW -147
28 01:53 HW 96 07:45 LW -136 13:53 HW 133 20:17 LW -145	29 02:30 HW 91 08:19 LW -138 14:30 HW 128 20:50 LW -140	30 03:03 HW 87 08:53 LW -136 15:05 HW 120 21:23 LW -131	31 03:35 HW 83 09:27 LW -130 15:39 HW 110 21:55 LW -120			



WADVAAARDERS



Foto: Anne Marie van der Veen
Brandend zand.

Lauwersoog t.o.v. NAP

Augustus 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
				1 ☽	2	3
				04:08 HW 78 10:02 LW -119 16:12 HW 99 22:28 LW -109	04:44 HW 74 10:38 LW -106 16:50 HW 88 23:06 LW -97	05:31 HW 71 11:22 LW -92 17:42 HW 78 23:53 LW -86
4	5	6	7	8	9	10
06:37 HW 70 12:21 LW -79 18:57 HW 72	01:00 LW -78 07:50 HW 76 13:50 LW -74 20:16 HW 74	02:29 LW -81 08:59 HW 88 15:13 LW -85 21:28 HW 81	03:36 LW -93 09:59 HW 102 16:15 LW -101 22:29 HW 90	04:30 LW -105 10:48 HW 114 17:09 LW -115 23:19 HW 96	05:19 LW -114 11:32 HW 123 17:57 LW -126	00:05 HW 99 06:05 LW -121 12:11 HW 129 18:42 LW -135
11	12	13	14	15	16	17
00:47 HW 100 06:48 LW -128 12:49 HW 134 19:24 LW -141	01:27 HW 100 07:29 LW -133 13:27 HW 137 20:04 LW -142	02:04 HW 98 08:08 LW -136 14:07 HW 137 20:41 LW -139	02:40 HW 96 08:45 LW -136 14:48 HW 133 21:17 LW -132	03:18 HW 93 09:23 HW 125 15:32 HW 125 21:54 LW -122	03:59 HW 89 10:48 LW -126 16:18 HW 113 22:35 LW -110	04:47 HW 85 10:52 LW -115 17:16 HW 99 23:27 LW -96
18	19	20	21	22	23	24
05:50 HW 82 11:56 LW -102 18:34 HW 88	00:39 LW -84 07:10 HW 86 13:24 LW -96 20:05 HW 86	02:07 LW -85 08:34 HW 98 14:54 LW -105 21:27 HW 94	03:25 LW -97 09:45 HW 115 16:12 LW -122 22:33 HW 103	04:33 LW -111 10:43 HW 129 17:14 LW -137 23:26 HW 107	05:28 LW -122 11:30 HW 136 18:03 LW -143	00:11 HW 107 06:13 LW -128 12:11 HW 138 18:44 LW -142
25	26	27	28	29	30	31
00:50 HW 104 06:50 LW -131 12:48 HW 137 19:18 LW -138	01:23 HW 101 07:22 LW -133 13:22 HW 134 19:47 LW -134	01:52 HW 99 07:51 LW -135 13:55 HW 127 20:15 LW -130	02:20 HW 96 08:22 LW -133 14:25 HW 118 20:43 LW -122	02:47 HW 93 08:52 LW -126 14:53 HW 107 21:10 LW -113	03:13 HW 89 09:21 LW -115 15:21 HW 96 21:37 LW -104	03:41 HW 84 09:52 LW -104 15:55 HW 86 22:08 LW -95



WADVAAARDERS



Foto: Jeroen Kleen

Het water komt, het water gaat, de ondergaande zon bij Schier is eindeloos mooi!

Lauwersoog t.o.v. NAP

September 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
1 04:18 HW 79 10:30 LW -91 16:44 HW 75 22:52 LW -83	2 05:19 HW 75 11:24 LW -76 17:55 HW 66 23:52 LW -68	3 06:50 HW 76 12:43 LW -64 19:33 HW 67	4 01:23 LW -62 08:19 HW 88 14:36 LW -74 20:59 HW 78	5 03:03 LW -77 09:28 HW 105 15:47 LW -96 22:06 HW 92	6 04:04 LW -95 10:21 HW 120 16:43 LW -115 22:58 HW 101	7 04:56 LW -109 11:06 HW 130 17:32 LW -128 23:43 HW 106 
8 05:43 LW -120 11:47 HW 137 18:17 LW -136	9 00:24 HW 108 06:27 LW -128 12:26 HW 141 18:59 LW -140	10 01:02 HW 109 07:09 LW -135 13:05 HW 142 19:38 LW -140	11 01:37 HW 108 07:48 LW -138 13:45 HW 140 20:15 LW -134	12 02:12 HW 107 08:25 LW -138 14:27 HW 133 20:50 LW -125	13 02:49 HW 105 09:02 LW -132 15:10 HW 121 21:24 LW -113	14 03:31 HW 101 09:42 LW -122 16:00 HW 106 22:04 LW -98 
15 04:22 HW 96 10:32 LW -107 17:03 HW 90 22:56 LW -81	16 05:30 HW 92 11:40 LW -91 18:26 HW 80	17 00:15 LW -66 06:53 HW 94 13:17 LW -87 19:57 HW 81	18 01:56 LW -71 08:18 HW 106 14:47 LW -102 21:17 HW 93	19 03:14 LW -90 09:30 HW 122 15:58 LW -121 22:20 HW 104	20 04:16 LW -108 10:25 HW 133 16:53 LW -133 23:09 HW 108	21 05:06 LW -119 11:08 HW 137 17:37 LW -135 23:47 HW 108 
22 05:48 LW -123 11:44 HW 136 18:14 LW -130	23 00:17 HW 106 06:22 LW -124 12:15 HW 133 18:44 LW -125	24 00:43 HW 107 06:51 LW -125 12:46 HW 129 19:10 LW -122	25 01:09 HW 108 07:19 LW -126 13:16 HW 123 19:36 LW -119	26 01:37 HW 107 07:48 LW -124 13:45 HW 113 20:02 LW -114	27 02:03 HW 103 08:16 LW -117 14:12 HW 103 20:27 LW -108	28 02:27 HW 99 08:43 LW -109 14:40 HW 93 20:52 LW -103
29 02:51 HW 96 09:12 LW -102 15:14 HW 83 21:24 LW -96	30 03:31 HW 91 09:50 LW -92 16:05 HW 73 22:08 LW -84 					



WADVAAARDERS



Foto: Hugo Kortbeek

Ondergaande zon op het Westwad Smiscruise 2024.

Lauwersoog

t.o.v. NAP

Oktober 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
		1 04:33 HW 85 10:44 LW -78 17:17 HW 65 23:07 LW -68	2 05:50 HW 84 12:00 LW -66 18:53 HW 65	3 00:32 LW -58 07:29 HW 92 13:50 LW -74 20:25 HW 77	4 02:16 LW -69 08:48 HW 109 15:08 LW -97 21:34 HW 92	5 03:26 LW -90 09:45 HW 124 16:05 LW -116 22:26 HW 104
6 04:21 LW -107 10:33 HW 135 16:56 LW -128 23:11 HW 110	7 05:11 LW -119 11:17 HW 141 17:43 LW -133 23:52 HW 114	8 05:58 LW -127 11:59 HW 143 18:26 LW -134	9 00:30 HW 116 06:42 LW -134 12:41 HW 141 19:07 LW -132	10 01:07 HW 117 07:23 LW -137 13:24 HW 136 19:45 LW -126	11 01:44 HW 118 08:03 LW -136 14:07 HW 126 20:21 LW -118	12 02:24 HW 117 08:43 LW -129 14:53 HW 112 20:58 LW -106
13 03:09 HW 113 09:27 LW -117 15:47 HW 97 21:40 LW -91	14 04:05 HW 107 10:20 LW -102 16:54 HW 83 22:35 LW -74	15 05:13 HW 103 11:31 HW -88 18:12 HW 76 23:54 LW -62	16 06:31 HW 104 13:02 LW -87 19:37 HW 78	17 01:32 LW -67 06:48 HW 112 14:23 LW -100 20:55 HW 89	18 02:46 LW -85 09:04 HW 123 15:27 LW -115 21:55 HW 100	19 03:45 LW -101 09:58 HW 130 16:18 LW -122 22:40 HW 105
20 04:34 LW -110 10:39 HW 131 17:01 LW -122 23:14 HW 107	21 05:15 LW -114 11:12 HW 129 17:36 LW -117 23:39 HW 109	22 05:49 LW -114 11:41 HW 126 18:05 LW -114	23 00:03 HW 113 06:19 LW -115 12:11 HW 122 18:32 LW -113	24 00:32 HW 116 06:48 LW -116 12:42 HW 115 18:59 LW -112	25 01:02 HW 115 07:18 LW -114 13:12 HW 107 19:25 LW -109	26 01:28 HW 112 06:46 LW -109 12:40 HW 98 18:51 LW -106
27 00:51 HW 109 07:13 LW -104 13:08 HW 89 19:19 LW -103	28 01:20 HW 106 07:44 LW -99 13:45 HW 81 19:54 LW -98	29 02:05 HW 102 08:24 LW -93 14:42 HW 72 20:39 LW -87	30 03:06 HW 97 09:19 LW -83 15:53 HW 66 21:39 LW -74	31 04:16 HW 96 10:36 LW -76 17:17 HW 67 22:59 LW -66		

Op 26 oktober gaat de wintertijd in!

©Fixsoft. Bron: waterinfo.rws.nl, Rijkswaterstaat. De vereniging Wadvvaarders is niet verantwoordelijk voor de juistheid van de gegevens.



WADVAAARDERS



Foto: Thirza Venema

Moesten we deze ton nou stuurboord of bakboord houden?

Lauwersoog t.o.v. NAP

November 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
					1 05:36 HW 101 12:07 LW -83 18:44 HW 77	2 00:29 LW -73 07:00 HW 112 13:23 LW -101 19:52 HW 90
3 01:42 LW -91 08:04 HW 125 14:22 LW -117 20:47 HW 102	4 02:41 LW -107 08:58 HW 134 15:15 LW -126 21:34 HW 111	5 03:35 LW -118 09:46 HW 139 16:05 LW -128 22:18 HW 117	6 04:26 LW -126 10:33 HW 139 16:52 LW -127 22:59 HW 122	7 05:15 LW -131 11:20 HW 135 17:36 LW -124 23:40 HW 125	8 06:02 LW -133 12:06 HW 126 18:17 LW -119	9 00:21 HW 127 06:46 LW -132 12:53 HW 115 18:57 LW -112
10 01:05 HW 126 07:31 LW -126 13:43 HW 102 19:39 LW -103	11 01:54 HW 123 08:19 LW -116 14:40 HW 89 20:25 LW -92	12 02:50 HW 118 09:13 LW -104 15:42 HW 79 21:20 LW -80	13 03:54 HW 113 10:16 LW -94 16:49 HW 74 22:28 LW -71	14 05:03 HW 111 11:28 LW -91 18:00 HW 75 23:47 LW -71	15 06:15 HW 112 12:39 LW -95 19:12 HW 82	16 01:01 LW -81 07:24 HW 115 13:40 LW -103 20:13 HW 91
17 02:01 LW -92 08:21 HW 118 14:32 HW -108 20:59 HW 98	18 02:52 LW -100 09:05 HW 118 15:16 LW -109 21:34 HW 104	19 03:37 LW -104 09:40 HW 117 15:54 LW -108 22:02 HW 110	20 04:15 LW -105 10:11 HW 115 16:28 LW -107 22:33 HW 116	21 04:51 LW -106 10:45 HW 112 17:00 LW -107 23:06 HW 119	22 05:24 LW -107 11:18 HW 107 17:29 LW -108 23:37 HW 119	23 05:56 LW -106 11:50 HW 100 17:58 LW -107
24 00:04 HW 117 06:26 LW -104 12:20 HW 93 18:27 LW -106	25 00:30 HW 116 06:56 LW -102 12:53 HW 86 18:59 LW -104	26 01:06 HW 114 07:30 LW -100 13:38 HW 80 19:37 LW -100	27 01:55 HW 112 08:13 LW -97 14:33 HW 74 20:23 LW -94	28 02:50 HW 109 09:08 LW -92 15:34 HW 70 21:21 LW -86	29 03:50 HW 108 10:16 LW -90 16:40 HW 70 22:32 LW -82	30 04:53 HW 109 11:29 LW -94 17:53 HW 75 23:47 LW -85



WADVAAARDERS



Foto: Theo van Tilburg

Half vijf 's morgens – opkomend water in de droogvallende haven Fedderwardersiel.

Lauwersoog t.o.v. NAP

December 2025

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
1 06:07 HW 112 12:39 LW -104 19:04 HW 84	2 00:59 LW -96 07:21 HW 119 13:41 LW -114 20:05 HW 96	3 02:04 LW -108 08:24 HW 125 14:38 LW -120 20:58 HW 108	4 03:03 LW -117 09:20 HW 129 15:32 LW -121 21:48 HW 118	5 04:01 LW -124 10:14 HW 128 16:24 LW -120 22:35 HW 125	6 04:57 LW -128 11:06 HW 123 17:14 LW -117 23:21 HW 130	7 05:50 LW -130 11:57 HW 115 18:00 LW -115
8 00:07 HW 132 06:40 LW -130 12:48 HW 105 18:45 LW -113	9 00:54 HW 132 07:26 LW -128 13:39 HW 95 19:29 LW -109	10 01:43 HW 130 08:13 LW -123 14:30 HW 87 20:15 LW -104	11 02:34 HW 125 09:00 LW -115 15:21 HW 80 21:03 LW -98	12 03:28 HW 119 09:50 LW -105 16:14 HW 75 21:55 LW -90	13 04:24 HW 111 10:43 LW -97 17:09 HW 73 22:53 LW -83	14 05:24 HW 105 11:43 LW -91 18:08 HW 74
15 00:00 LW -80 06:27 HW 101 12:44 LW -90 19:08 HW 79	16 01:08 LW -83 07:29 HW 99 13:42 LW -93 20:04 HW 88	17 02:08 LW -88 08:23 HW 100 14:33 LW -97 20:51 HW 98	18 03:00 LW -94 09:08 HW 101 15:19 LW -100 21:32 HW 107	19 03:47 LW -98 09:49 HW 101 16:00 LW -103 22:10 HW 114	20 04:29 LW -102 10:27 HW 101 16:37 LW -105 22:47 HW 118	21 05:08 LW -104 11:05 HW 99 17:11 LW -107 23:21 HW 120
22 05:45 LW -107 11:41 HW 95 17:43 LW -109 23:51 HW 122	23 06:20 LW -109 12:16 HW 92 18:16 LW -110	24 00:22 HW 123 06:55 LW -110 12:54 HW 88 18:52 LW -111	25 01:01 HW 123 07:31 LW -110 13:36 HW 84 19:31 LW -110	26 01:46 HW 122 08:11 LW -109 14:22 HW 80 20:14 LW -108	27 02:34 HW 120 08:58 LW -107 15:09 HW 77 21:05 LW -105	28 03:23 HW 117 09:51 LW -105 15:58 HW 75 22:03 LW -101
29 04:15 HW 112 10:51 LW -103 16:56 HW 75 23:08 LW -99	30 05:19 HW 107 11:57 LW -103 18:10 HW 79	31 00:20 LW -100 06:41 HW 106 13:05 LW -105 19:24 HW 89				



WADVAAARDERS



Foto: Els Knol-Licht

Een magische gezinsbeleving van de kentering tussen land en zee.

Lauwersoog

t.o.v. NAP

Januari 2026

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag							
			1	01:31 LW -103 07:55 HW 106 14:07 LW -105 20:27 HW 103	2	02:40 LW -112 09:03 HW 110 15:08 LW -109 21:27 HW 117	3	03:48 LW -120 10:05 HW 113 16:09 LW -113 22:21 HW 128	4	04:54 LW -129 11:02 HW 112 17:06 LW -116 23:12 HW 135			
5	05:49 LW -135 11:54 HW 108 17:55 LW -120	6	00:00 HW 138 06:35 LW -139 12:43 HW 103 18:39 LW -124	7	00:45 HW 138 07:17 LW -140 13:28 HW 97 19:19 LW -127	8	01:30 HW 135 07:56 LW -136 14:10 HW 90 19:58 LW -127	9	02:12 HW 128 08:34 LW -129 14:49 HW 84 20:37 LW -122	10	02:54 HW 118 09:12 LW -118 15:29 HW 78 21:17 LW -113	11	03:35 HW 106 09:52 LW -105 16:10 HW 73 22:00 LW -100
12	04:18 HW 93 10:36 LW -92 16:59 HW 69 22:50 LW -86	13	05:13 HW 82 11:30 LW -81 17:59 HW 70 23:56 LW -76	14	06:22 HW 75 12:41 LW -76 19:05 HW 75	15	01:19 LW -75 07:33 HW 75 13:51 LW -82 20:09 HW 86	16	02:26 LW -84 08:38 HW 80 14:48 LW -91 21:04 HW 98	17	03:22 LW -94 09:30 HW 86 15:37 LW -99 21:49 HW 108	18	04:11 LW -104 10:14 HW 91 16:20 LW -106 22:28 HW 116
19	04:55 LW -113 10:55 HW 94 17:00 LW -113 23:04 HW 122	20	05:37 LW -121 11:33 HW 95 17:38 LW -119 23:37 HW 127	21	06:16 LW -127 12:10 HW 96 18:15 LW -124	22	00:11 HW 131 06:53 LW -131 12:46 HW 95 18:51 LW -127	23	00:49 HW 132 07:29 LW -130 13:22 HW 92 19:27 LW -128	24	01:30 HW 131 08:03 LW -127 13:59 HW 89 20:04 LW -127	25	02:13 HW 125 08:39 LW -122 14:37 HW 85 20:45 LW -123
26	02:55 HW 117 09:20 LW -115 15:17 HW 81 21:32 LW -117	27	03:42 HW 106 10:09 LW -105 16:06 HW 77 22:30 LW -108	28	04:42 HW 94 11:12 LW -95 17:20 HW 76 23:44 LW -99	29	06:10 HW 86 12:30 LW -89 18:49 HW 83	30	01:12 LW -100 07:42 HW 87 13:50 LW -94 20:10 HW 98	31	02:34 LW -112 09:00 HW 95 15:02 LW -104 21:17 HW 115		



WADVAAARDERS

Herleidingstabel met gemiddelde tijden
t.o.v. Lauwersoog

	HW	LW
Den Helder	-3:31	-2:57
Oudeschild	-2:14	-2:19
Den Oever	-1:51	-1:30
Kornwerderzand	-1:09	-0:38
Harlingen	-0:50	+0:11
Vlieland haven	-1:40	-1:35
West-Terschelling	-1:09	-1:12
Nes	-0:16	-0:20
Schiermonnikoog	+0:04	-0:03
Noordpolderzijl	+0:53	
Huibertgat	-0:12	-0:05
Eemshaven	+0:52	+1:02
Delfzijl	+1:37	+1:44
Nieuwe Statenzijl	+2:23	+2:37

